

APCC BEREAVEMENT & SUPPORT COURSE

FACE-TO-FACE & E-LEARNING



INTRODUCTION

The Bereavement Support Course was developed by the Association of Palliative Care and is intended for use both within palliative care settings and in the wider community of South Africa. Bereavement Support is also considered to be a necessary aspect of preventative health; a supported family is less likely to suffer a breakdown and individuals may be less likely to fall into depression after the death of a loved one.

PURPOSE OF THE TRAINING

This highly interactive course is intended to equip participants with appropriate skills, knowledge and attitude to provide bereavement support in the workplace.

ADMISSION CRITERIA

- Be a professional working in health care, and/or humanities in South Africa.
- Be involved in a counselling role at place of work, as a professional, or supervised experienced volunteer/counsellor.

COURSE DESIGN & DURATION

Duration: The Face-To-Face Course runs for a week but can be completed one day per week (for six weeks). The E-Learning Course is approximately 2 hours per week over 12 weeks.

Face to Face Courses take place according to demand (when there is a minimum of 15 people signed up in specific regions), with a maximum number of 25 participants per training session. The E-learning Course format is currently under development.

COURSE CONTENT

The following topics will be covered:

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| <ul style="list-style-type: none">Starting the journeyIntroduction to CounsellingGrief and BereavementFamilies, Adolescents and ChildrenCulture and Spirituality | <ul style="list-style-type: none">Complicated GriefBereavement CounsellingSuicide and AIDSContracting, Assessments and Ending the Counselling RelationshipSelf-care and Supervision |
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**Content subject to change*

TRAINING ASSESSMENT

Participants will be required to do a presentation on the course contents on the last day of training by way of consolidating learning.

TRAINING ACCREDITATION

SACSSP: Approved for 29 CPD points for both Face-To-Face & E-Learning

CERTIFICATION

All participants who complete the course successfully will be awarded with a certificate of completion.

CORRESPONDENCE & APPLICATION

All correspondence to be directed to HPCA on training@apcc.org.za Course

Fee: R6450 Course Lead: Fran Tong